GRASS POLLEN ALLERGIES

A guide to help identify which grasses might be triggering your allergy symptoms.



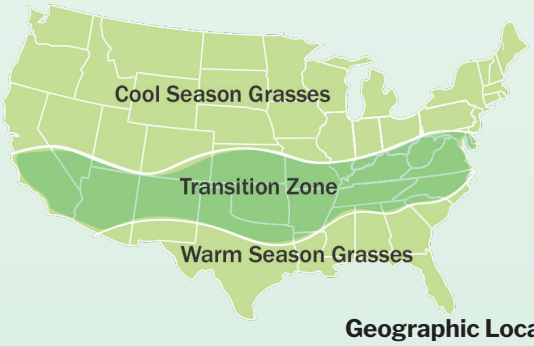
FESCUE

Blade: Green year round
Height: Often mowed
Type: Warm Season and Transition Zone
Common lawn grass



JOHNSON

Blades: Green with brown, shrub like tops
Height: Up to 3 ½ feet
Type: Cool Season



Geographic Location

Warm Season Grass: Hot summers and mild winters **Transition Zone:** Some warm and some cool season **Cool Season Grass:** Cold winters and hot summers



BAHIA

Blades: Flat, wide & tough
Height: Up to 30 inch stems
Type: Warm Season



KENTUCKY BLUEGRASS

Blades: Green, boat-shaped tips
Height: 18 to 24 inches
Type: Cool Season



TIMOTHY

Blades: Thick, flat, green with flowering head
Height: 20-40 inches
Type: Cool Season
Feed for horses & cattle



ORCHARD

Blades: Green with flowered clumps on top
Height: 15 to 18 inches
Type: Cool Season



REDTOP

Blades: Flat, green, often curl
Height: Up to 4 feet
Type: Cool Season
Common in grass hay



BERMUDA

Blades: Greenish grey
Height: Short
Type: Warm Season & Transition Zone
Often found in sports fields



PERENNIAL RYE

Blades: Many leaves grow from the base, flowering top
Height: 1 to 2 feet
Type: Cool Season



SWEET VERNAL

Blades: Flowering plant with fuzzy stems
Height: Up to 20 inches
Type: Warm Season

Treat the cause of your allergies, not just the symptoms. Ask us for details.

© Allergychoices ALL RIGHTS RESERVED.