WEED POLLEN ALLERGIES

If you suspect you have hay fever or allergy to weed pollens but aren't sure which weeds are the big offenders, here are the most common. The good news is that you can teach your body to tolerate pollens so allergy symptoms are a thing of the past.



COCKLEBUR



DOCK/SORREL



ENGLISH PLANTAIN



KOCHIA



LAMBS QUARTERS



MARSH ELDER



MUGWORT



PIGWEED



RAGWEED



RUSSIAN THISTLE



SAGEBRUSH

Treat the cause of your allergies, not just the symptoms.
Ask us for details.

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