

Medication restrictions for skin testing

Please review the list of medications below that we request you stop taking for a certain time period before your appointment. These medications can affect your skin testing results. If you continue your medications, please let your provider know at your appointment. If you are taking daily oral steroids, please check with us to see if any modifications are needed. **Please keep this sheet for future reference.** Please note this list is not inclusive of all medications. Contact your provider with other questions.

Stop taking 1 week before your appointment

Axid (Nizatidine)
Elavil/Vanatrip (Amitriptyline)**

Olepto, Desyrel (Trazadone)
Pepcid (Famotidine)

Tagamet (Cimetidine)
Zantac (Ranitidine)

If it is not possible to stop these medications before your visit, **please contact our office** so that we may substitute another medication before your scheduled appointment.

Stop taking 5 days before your appointment

PRESCRIPTION MEDICATIONS OR OVER-THE-COUNTER

ANTIHISTAMINES:

Allegra (Fexofenadine)
AlleRx
Antivert/Bonine (Meclizine)
Astelin/Astepro (Azelastine)
Atarax/Vistaril (Hydroxyzine)
Benadryl (Diphenhydramine)
Bromfed/Dimetapp Allergy
(Brompheniramine)
Chlorpheniramine
Cardec (DM) Chlor-Trimeton
Deconamine Extendryl
Nasohist B Rhinosyn
Sudafed Plus Triaminic
Clarinet (Desloratadine)
Claritin/Alavert (Loratadine)
Dexchlor ER (Dexchlorpheniramine)
Dramamine (Dimenhydrinate)
Dymista (Azelastine & Fluticasone)
Optimine (Azatadine)
Pelamine
Periactin (Cyproheptadine)
Phenergan (Promethazine)
Polaramine (Dexchlorpheniramine)
Rynatan
Tavist-D (Clemastine)
Triplen (Tripeleminamine)
Xyzal (Levocetirizine)
Zyrtec (Cetirizine)

COMBINATION MEDICATIONS*:

Tylenol Cold & Sinus
Pain/PM medications
Vicks Formula 44 (Doxylamine)
Vicks Multi-Symptom Nyquil

* Cold & sleep aid medications
may contain antihistamines.

SLEEP AIDS & ANTIDEPRESSANTS:**

Anafranil
Desipramine
Desyrel
Doxepin
Nortriptyline
Sinequan

** These medications should not
be modified without talking to your
prescribing physician. Please notify
the clinic in advance if you are
taking any of these medications.

Okay to continue taking

Aciphex (Rabeprazole)
All asthma inhalers
Most non-drowsy medications
Mucinex (Guaifenesin)
Nasal sprays
(except Astelin and Dymista)
Nexium (Esomeprazole)
Prevacid (Lansoprazole)
Prilosec (Omeprazole)
Protonix (Pantoprazole)
Singulair (Montelukast)
Sudafed (Pseudoephedrine)

Find this
information
online here:

