

ALASKA

Pollen Seasons

Check out this calendar of common seasonal allergy triggers in your area.

TREES	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Alder					●	●						
Birch					●							
Cottonwood					●	●						
Spruce						●	●					
Willow					●	●						
Other						●	●					
GRASSES	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Variety						●	●	●				
WEEDS	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Club Moss								●				
Dock/Sorrel							●	●				
Nettle							●	●				
Plantain							●	●				
OTHER	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Molds						●	●	●	●			
Animals	●	●	●	●	●	●	●	●	●	●	●	●
Dust Mite	●	●	●	●					●	●	●	●

Treat the cause of your allergies with safe, pain-free, and effective allergy drops.

Allergy drops treat a wide variety of allergies and related conditions.

Learn more at allergychoices.com.