

Does runny nose, itchy and watery eyes, sore throat, and coughing this time of year sound familiar? It could be the sting of tree allergies. Unfortunately for those feeling the symptoms, tree pollens won't simply go away year after year. The good news is that we have options to help you feel your best.

If you're tired of feeling symptoms year after year, or find little relief from over the counter medications, getting to the cause of the disease with immunotherapy might be a great option for you. We offer allergy drops, a personalized treatment that treats the cause of your allergy. A liquid drop is placed under the tongue three times daily, containing specific levels of the allergens that make you miserable.

After building tolerance, your body learns to not fight back after being exposed to bothersome allergens, like tree pollen. Symptoms decrease, and the need for allergy medication dwindles.

Avoiding certain foods can also help prevent symptoms. Oral allergy syndrome is common for those with tree allergies. Certain foods have similar proteins to those found in tree pollen, which can cause reactions like itchy mouth and throat. For example, those with an allergy to birch trees might react to apples, carrots, celery, or potatoes. After successful allergy drop treatment, effects of oral allergy syndrome are reduced, too!

Want to learn more? Contact [clinic] at [number].