

# **Winter Allergy Sample Social Media Posts**

## Option 1

Tired of feeling miserable every winter? Take control of your allergies by treating the cause of them with allergy drops. Call and make your appointment today with <Dr. Name>

### Option 2

Cold or allergy? Do you get a long lasting cold once winter sets in? It could be caused by an underlying allergy. Call <Doctor/Office> <phone> for an allergy evaluation and take control of your allergies.

**Option 3** [Use dust mite images] Home treatment tips to help control winter allergies

#### Option 4

Allergy drops under the tongue treat the cause of your allergies. Get tested today and take the first step to feeling better. Call <Dr. Name> at <phone number> for an appointment.

#### Option 5

We are happy to offer our patients an allergy treatment you can take at home. It's called sublingual immunotherapy — or allergy drops. Allergy drops treat the root cause of allergies by helping your body build tolerance to the substances that cause your allergic reactions.