

You can't wait for the day fall allergies end, until winter — and winter allergies — hit. There seem to be fewer problematic environmental allergens during the cold months, but for those in our area, fewer doesn't necessarily mean better. Mountain Cedar trees bloom in winter and cause havoc among thousands. We offer a treatment option that can help!

Many people report sneezing fits, runny nose, itchy, burning and watery eyes. Antihistamines and antihistamine eye drops are a good defense, covering symptoms and bringing some relief. Keeping your home pollen free can be beneficial as well. Vacuuming with a HEPA filter, washing your clothes after being outdoors, and keeping windows closed can help to keep your home as pollen free as possible.

These measures are beneficial, but don't actually treat the cause of the Mountain Cedar allergy, so symptoms will return year after year. Immunotherapy gets to the cause of reactions by slowly sensitizing the body to harmful allergens. We offer sublingual immunotherapy, or allergy drops, to treat the cause safely.

Allergy drops are personalized for each patient as a liquid drop containing extracts of your specific problematic allergens; the drops are taken three times a day. Over time, they help patients, like those with cedar fever, live symptom free year after year.

Interested in tackling your Mountain Cedar allergy? Contact [clinic] at [number] for more information and ask about treatment to make the season easier to tolerate.