

# NOT SURE ABOUT STARTING ALLERGY DROP TREATMENT?

## Three good reasons to start now

Are you debating whether to start sublingual immunotherapy (allergy drops) for your allergies? Here are the three most common reasons patients hold off, and why you should think twice about delaying treatment.



### **“My allergy symptoms aren’t *that* bad”**

You may feel fine now, but think of how you feel during your peak season. How many days of school or work do you miss due to your allergy symptoms? How many days will you feel less than your best?

That’s not all. Allergy can worsen or cause a variety of conditions including:

- Asthma
- Eczema
- Sinusitis
- Headaches

If you’re struggling with any (or many) of these conditions, allergy may be the trigger, and treating the cause could improve your quality of life and get you back to work or school with less symptoms.

- ▶ **80% of sinusitis<sup>1</sup>** cases are due to a mold allergy.
- ▶ **75% of people** reported less time away from work or school after successful treatment.



### **“I don’t want to pay out of pocket”**

Custom allergy drops may cost less than prescriptions and OTC medications that only mask your symptoms temporarily and you can use FLEX or HSA dollars to cover the cost. Consider the cost of nasal sprays, antihistamines, eye drops, inhalers and skin creams to manage your allergy-related conditions. Now think about taking a treatment that can reduce or eliminate your need to take these meds long term.

Though traditional allergy treatment may be covered by insurance, frequent office visits, related time away from work or school, and copays can add up quickly.

- ▶ Allergy drops for environmental triggers start at **~\$50/month**.
- ▶ Calculate what allergies are REALLY costing you at [allergychoices.com/cost](http://allergychoices.com/cost)



### **“I’ll take over-the-counter meds”**

OTC medications mask the symptoms; they don’t treat the cause of the allergy. That means you may have to take them year after year to manage your symptoms. Think about that cost over a lifetime.

Allergy drops train the body to not react to offending allergens over three to five years of treatment. Typically, once your body builds long-term tolerance, treatment is done.

- ▶ **50% of people** experience less allergy-related medication use after successful treatment.
- ▶ **97% of patients** report they stay adherent with at-home treatment.

**The sooner you start treatment, the sooner you could start putting an end to your suffering.**

Talk with your provider to find out how easy and affordable it can be to get a custom treatment based on your test results.

