

GRASS POLLEN ALLERGIES

A guide to help you identify which grasses might be triggering your grass allergy symptoms.



FESCUE

Blade: Green year long
Height: Often mowed
Type: Warm Season, Transition Zone
**Common lawn grass



KENTUCKY BLUEGRASS

Blades: Green with boat-shaped tips
Height: 18 to 24 inches
Type: Cool Season



JOHNSON

Blades: Green with brown, shrub like tops
Height: Up to 3.5ft
Type: Cool Season



ORCHARD

Blades: Green with flowered clumps on top
Height: 15 to 18 inches
Type: Cool Season



BAHIA

Blades: Flat, wide and tough
Height: Up to 30 inch stems
Type: Warm Season



BERMUDA

Blades: Greenish grey
Height: Short
Type: Warm Season, Transition Zone
* Often found in sports fields



TIMOTHY

Blade: Thick, flat, green blades with flowering head
Height: 20 to 40 inches tall
Type: Cool Season
**common feed for horses and cattle



SWEET VERNAL

Blades: Flowering plant with fuzzy stems
Height: Up to 20 inches
Type: Warm Season



REDTOP

Blades: Flat, green blades that often curl
Height: Up to 4 feet
Type: Cool Season



PERENNIAL RYE

Blades: Many leaves grow from the base, with flowering top
Height: 1 to 2 feet
Type: Cool Season



Geographic Location

Warm Season Grass: Hot summers and mild winters

Transition Zone: Some warm and some cool season

Cool Season Grass: Cold winters and hot summers

Image References: Orchard Grass: By foxypar4 on Flickr. Redtop, Perennial Rye Grass, Kentucky Blue Grass: By Rasbak. Sweet Vernal: By Kristian Peters - Fabelfroh 18:00, 27 May 2006 (UTC).



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