

Dust Mite Allergy?

Find out how you could end your symptoms

Dust mites live in the more humid areas of the home like the bedroom and living room. They don't bite, but when their disintegrated bodies and waste are breathed in, many people experience allergic reactions. While dust mites thrive year-round, allergy symptoms tend to be worse in the fall and winter months once homes are closed for the colder months. Consider an allergy treatment that could end dust mite symptoms forever — preseasonal allergy drops!

What is preseasonal allergy drop treatment?

- Taking accelerated sublingual immunotherapy (allergy drops) with higher doses of dust mite antigen prior to the dust mite season helps you better tolerate the increased exposure once the season hits.
- Treatment, which uses a more rapid dose escalation, begins eight weeks before peak allergy season. Patients already on allergy drops continue their regular dosing treatment into the season.
- A “booster” to year-round allergy drop therapy and can provide additional seasonal symptom relief.
- A simple solution to help you feel better seasonally while you continue your existing allergy drop treatment.



Who are the best candidates for preseasonal allergy drop treatment?

- Those who suffer from strong dust mite symptoms:
 - Sneezing
 - Runny nose
 - Itchy or watery eyes
 - Post nasal drip
- Those who have been on inhalant drops, including seasonal allergens, for at least six months.

What are the benefits to preseasonal therapy?

- Additional seasonal symptom relief.
- May shorten the overall course of your immunotherapy.
- While the long-term goal of multi-antigen allergy drops is to build your tolerance to your allergies, preseasonal therapy helps provide short-term relief and dampen the allergic response to an especially strong seasonal allergy.

What allergens can be treated with preseasonal therapy?

Preseasonal treatment can be used for a number of environmental allergens that have a strong regional presence such as trees, grasses, weeds, mountain cedar, dust mite, and alternaria mold.

When should I start preseasonal sublingual immunotherapy?

Eight weeks before the offending allergy season starts.

What is the dosing/frequency for preseasonal allergy drop treatment?

You get a two-vial set of the seasonal treatment and start with one dose under the tongue the first day (one dose is equal to one full pump depression with the dispenser). Doses are increased by one dose per day until you have reached a total of 10 doses per day. Continue 10 doses per day until both vials are gone. We recommend you split your doses — 5 doses in the morning and 5 doses in the evening.

[Learn more...](#)

Can you benefit from taking only preseasonal allergy drops?

People can benefit from preseasonal therapy by itself, but year-round therapy is better. Year-round therapy helps build long-term tolerance, whereas preseasonal therapy is designed to provide short-term symptom relief.

What are common side effects from preseasonal treatment?

Side effects are typically minor and temporary. They may include oral itching/itchy mouth, mild onset of allergic rhinitis, stomach aches or sinus headaches and congestion.

How do I manage symptoms/side effects?

You can pace/slow down the escalation of drops, and back down to the dose where you did not experience side effects. Consider adding an antihistamine. Call us for more details or if side effects become bothersome.

What's the next step?

If you're interested in more information about our preseasonal allergy drop treatment and whether it might be right for you or to make an appointment, please contact us at (###) ###-####.

Sincerely,

Provider's Name

Practice Name

